



Nutritional & Storage Information

Other Items

	Original Tofu Egg Rolls	Curry Tofu Egg Rolls	Chipotle Tofu Egg Rolls	Tofu Tamales	Egg roll Wrappers	Won ton Wrappers	Dumpling Wrappers	Kim Chee	Pineapple Tomato Sauce
Serving Size	1 egg roll	1 egg roll	1 egg roll		1 wrapper	1 wrapper	1 wrapper	113.25 g	4 tsp (19g)
Servings per Container	5 or 10	5 or 10	5 or 10		16	~ 50	~ 31	4	12
Calories	130	130	130		80	25	25	30	25
Calories from Fat	30	30	30	coming	0	0	0	2	0
Total Fat	3.5g - 5%	3.5g - 5%	3.5g - 5%	soon	0g - 0%	0g - 0%	0g - 0%	0g - 0%	0g - 0%
Saturated Fat	0.5g - 4%	0.5g - 4%	0.5g - 4%		0g - 0%	0g - 0%	0g - 0%	0g - 0%	0g - 0%
Polyunsaturated Fat	0.68g	0.68g	0.68g		0g	0g	0g	0g	0g
Monounsaturated Fat	0.26g	0.26g	0.26g		0g	0g	0g	0g	0g
Trans Fatty Acids	0g	0g	0g		0g	0g	0g	0g	0g
Cholesterol	0mg - 0%	0mg - 0%	0mg - 0%		0mg - 0%	0mg - 0%	0mg - 0%	0mg - 0%	0mg - 0%
Sodium	250mg - 10%	250mg - 10%	250mg - 10%		20mg - 1%	35mg - 1%	40mg - 2%	800mg - 70%	5mg - 0%
Total Carbohydrate	18g - 6%	18g - 6%	18g - 6%		16g - 5%	5g - 2%	5g - 2%	5g - 4%	6g - 2%
Dietary Fiber	2g - 9%	2g - 9%	2g - 9%		2g - 8%	0g - 0%	0g - 0%	3g - 3%	0g - 0%
Sugars	1g	2g	2g		1g	0g	0g	0g	5g
Protein	10g	10g	10g		3g	1g	1g	2g	0g
Vitamin A	10%	10%	15%		0%	0%	0%	30%	0%
Vitamin C	8%	8%	8%		2%	0%	0%	30%	0%
Calcium	6%	6%	6%		0%	0%	0%	25%	0%
Iron	6%	8%	6%		2%	0%	0%	35%	0%

Storage Information:

All can be refrigerated for 1 month, or frozen for up to 3 months. Kim Chee is a fermented product with no shelf life. As long as it's refrigerated, it can last indefinitely. Sauce can be refrigerated for 2 months or frozen solid.